



What to Bring for the First Visit

Please be sure you arrive 30 minutes prior to your scheduled appointment in order to complete required paperwork.

Bring with you:

- Your insurance card (s), your driver's license or identification
- If you have an advance directive, bring a copy or the original to be copied.
- You should also bring with you a list of medications that you are currently taking, including over the counter drugs, vitamins and herbal supplements.
- If you have an HMO policy, you are required to have your referral with you
- Any relevant medical records
- MRI Films or X-rays